



Allergen Guide



Allergen Information

Our kitchen is a very busy place which means that we can't guarantee that our food is suitable for those with allergies. This useful guide has information about any allergens present in CREMAAA Coffee shop's foods and drinks.

The 'v' and 'x' in the column entitled 'allergen(s) (e.g. wheat gluten) present' indicates that the product contains that allergen & is therefore not suitable for a guest with an allergy or intolerance to it.

The 'v' and 'x' in the column entitled 'suitable for Vegetarians/Vegans' details information supplied by the product manufacturer. It does not take into account the in-house storage/preparation methods where cross-contamination issues could render the information void.

Important

Allergic reactions can make people very ill and in extreme cases may lead to death. There is no cure for food/drink allergies. The only way someone can avoid getting ill is to make sure they don't consume the foods and drinks they are allergic to.

Ignorance is no excuse. The change in the law means that you will no longer be able to say that you don't know what allergens are in the food and drink you serve. Allergen information must be available when requested. It must be available for food and drink.

For bought in **Pre-Packaged** items e.g. Crisps, the required information is available on the back of the pack.

For **Counter** items e.g. prepared drinks, cakes or sandwiches the information is available in this manual.

REMEMBER

It is particularly important to avoid cross contamination when preparing and serving a customer suffering with allergies to food and/or drink. Cross contamination is where something that could cause harm (such as an allergen, food poisoning bacteria etc.) is transferred from one surface to another. This could occur when a customer who is allergic to soya asks for a latte and the Soya Drink jug is inadvertently used to prepare their drink.

Deluxe Hot Chocolate - Made with Whole Milk	✗	✗									✓								
Deluxe Hot Chocolate - Made with Soya Milk	✗	✗									✓								✓
Deluxe Hot Chocolate - Made with Coconut Soya Milk	✗	✗									✓								✓
Deluxe Hot Chocolate - Made with Almond Milk	✗	✗									✓		✓						
Deluxe Hot Chocolate - Made with Oat Milk	✗	✗									✓								
White Hot Chocolate																			
White Hot Chocolate - Made with Skimmed Milk	✓	✗									✓								
White Hot Chocolate - Made with Whole Milk	✓	✗									✓								
White Hot Chocolate - Made with Soya Milk	✓	✗									✓								✓
White Hot Chocolate - Made with Coconut Soya Milk	✓	✗									✓								✓
White Hot Chocolate - Made with Almond Milk	✓	✗									✓		✓						
White Hot Chocolate - Made with Oat Milk	✓	✗									✓								
Mocha																			
Mocha - Made with Skimmed Milk	✓	✗									✓								
Mocha - Made with Whole Milk	✓	✗									✓								
Mocha - Made with Soya Milk	✓	✓																	✓
Mocha - Made with Coconut Soya Milk	✓	✓																	✓
Mocha - Made with Almond Milk	✓	✓											✓						
Mocha - Made with Oat Milk	✓	✓																	
Speciality Drinks																			
Chai Latte																			
Chai Latte - Made with Skimmed Milk	✓	✗									✓								
Chai Latte - Made with Whole Milk	✓	✗									✓								
Chai Latte - Made with Soya Milk	✓	✗									✓								✓
Chai Latte - Made with Coconut Soya Milk	✓	✗									✓								✓
Chai Latte - Made with Almond Milk	✓	✗									✓		✓						

